## 7<sup>th</sup> Annual Wolverine Cross Country Invitational Friday, October 7<sup>th</sup>

Site: Waterford Union High School. GPS address: 100 Field Dr. Waterford %3185

The start and finish line will be by the outdoor concession stand off of Field Drive. Please park the team buses in the soccer parking lot, in the baseball parking lot off of Main Street or in the upper lot by the school. Please do not have your team buses

park along Field Drive.

**Tents:** All tents and/or team camps should be set up along the pine tree line, which is west of

the start/finish line.

**Courses:** Boys--5000 meters Girls--5000 meters

Races: 4:15 JV Boys 4:45 Varsity Boys (limit 8)

5:15 Varsity Girls (limit 8) 5:45 JV Girls

6:20 Awards

Awards: Boys and Girls Individuals (Var) Medals 1 – 20 place

JV Boys and Girls Individuals Medals 1 – 10 place

Boys and Girls Team Champions

Team Plaque

JV Boys and Girls Team Champs

Team Plaque

**Results**: Wisconsin Runner will be doing the timing and scoring using the state-of-the-art MyLaps chip

timing. Results will be posted to: <a href="http://wisconsinrunner.com/results/2016wolverineinvite.php">http://wisconsinrunner.com/results/2016wolverineinvite.php</a>

**Trainer:** Kristi Lazaris, a trainer from Aurora Sports Medicine Institute will be available for your

athletes

**T-shirts** Long sleeve t-shirts will be available while supplies last for \$15.

**Concessions** There will also be a concession stand on site.

## **Teams and Box Numbers:**

1. Germantown 08. Nicolet

Racine Park
 West Allis Central
 Waterford
 Racine Case
 Union Grove
 Waukesha North (G)
 Thomas More
 Racine Horlick
 Catholic Central
 West Allis Hale (G)
 Waukesha North (G)
 Wauwatosa East (G)
 Waukesha South (G)